

# Exercise and Fitness

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- Pj Bateman Hamster Camp: how Harry got fit  
Pj Carle From head to toe  
Pj Carlson Get up and go!  
Pj Cronin Stretch  
Pj Eddy Every body does yoga  
Pj Newcome Animal fun  
Pj Newcome Toddlerobics  
Pj Raschka Everyone can learn to ride a bicycle  
Pj Spinelli Miss Fox's class shapes up  
Pj/<sup>NEW</sup> Thompson Hop, hop, jump!  
Pj Willis Flabby Cat and Slobby Dog
- [123] Parker Bearobics: a hip-hop counting story  
[SHA] Schachner Skippyjon Jones shape up
- [FRC] Thomas My amazing body: a first look at health and fitness  
[FRC] 613.7042 G283f Fit kids: a practical guide to raising active and healthy children...from birth to teens
- Ej Gordon Exercise  
Ej Herrington I like to exercise  
Ej May The great shape-up  
Ej Nelson Exercising  
Ej Rylant Mr. Putter & Tabby run the race  
Ej Salzmann Being active  
Ej Schuh Being active  
Ej Schuh Get moving!  
Ej Smith Getting exercise  
Ej Stewart Energy in motion  
Ej Vogel Let's exercise
- j 612 R684b The busy body work: a kid's guide to fitness  
j 612.74 P243h How do my muscles get strong?  
j 612.76 C623r Run and hike, play and bike: what is physical activity?  
j 613.0424 C526b Be healthy! It's a girl thing: food, fitness and feeling great  
j 613.7 D649s Stay fit!: how you can get in shape  
j 613.7 F295g Get moving: tips on exercise  
j 613.7 R892h A healthy body  
j 613.7 S477e Exercise and play  
j 613.7042 G698k Keeping fit  
j 613.7042 S664a Active kids

j 613.7046 P887a The ABCs of yoga for kids  
j 613.7046 S399i I love yoga: a guide for kids and teens  
j 613.7046 Y59y You are a lion! And other fun yoga poses  
j 613.71 G797e Exercise is fun!  
j 613.71 M145L Let's exercise  
j 613.71 P884e Exercise and your health  
j 613.7148 O52t Tai Chi for kids: move with the animals: eight simple Tai Chi  
movements parents can teach their children for health, imagination, and play